

LUNCH

[HIGHER INSTITUTE OF ART & TECHNOLOGY]

Monday



Tuesday

Wednesday

Thursday

Friday

BRKFST: Assorted Cold Cereal Bars
Lunch:
 Spaghetti/Meatballs/Salad
 Green Beans
 Garlic Bread
 Fruit
 Milk

Breakfast Burritos, Orange
Lunch:
 Chicken Tacos/Shells w/g
 Lettuces. Tomatoes
 Mexican Corn/Refried Beans
 Fruit/Milk

HASH BROWN/EGGS
 W/G TOAST/ORANGES
Lunch:
 Turkey/ham sub-Sandwiches
 Lettuce/Tomatoes
 Corn on Cobb/Fruit
 Milk

Hot Cereal/granola
 Apples Slices
Lunch:
 Mini Corn Dogs
 Steamed Mixed Vegetables
 Fruit/ Rolls
 Milk

BRKFST: GRANOLA BARS/APPLE
 SLICES
LUNCH:
 Pizza Rolls
 Corn on Cobb/Celery Sticks
 Fruit
 Milk

Assorted Fruit Bars/Apples
Lunch:
 Pizza Slices
 Baked Fries/Carrots
 Fruit Juice
 Milk

Granola Bars/Apples
 Fruit Juice
Lunch:
 Chicken Alfredo
 Garden Salad/Carrots
 Fruit/ Rolls/ Milk

Sausage egg Bagel/
 Sliced oranges.
Lunch:
 Beef Taco/Refried Beans
 Corn
 Frut
 w/a shells / Milks

Hot Cereal/Granola
 Fruit
Lunch:
 Baked Chicken Tenders
 Broccoli/Carrots
 Fruit
 W/a Buns/Milk

Hot Cereal/Cheese
 Turkey Sausage/Toas
Lunch:
 Hot Dogs/Turkey 8/1
 Baked Beans
 Chips/Fruit
 w/g buns/Milk

Assorted Cereal Bars/Cutie
 Fruit Juice
Lunch:
 Baked Chicken Nuggets
 Mixed Vegetables
 Fruit
 Milk /Ketchup

Assorted Cereal Bowl
 Bananas
Lunch:
 Lasagna/ Green Beans
 Fruit
 Rolls

Breakfast Burritos, Orange
Lunch:
 Chicken Tacos/Shells w/g
 Lettuces. Tomatoes
 Mexican Corn/Refried Beans
 Fruit/Milk

HASH BROWN/EGGS
 W/G TOAST/ORANGES
Lunch:
 Turkey/ham sub-Sandwiches
 Lettuce/Tomatoes
 Corn on Cobb/Fruit
 Milk

Hot Cereal/granola
 Apples Slices
Lunch:
 Mini Corn Dogs
 Steamed Mixed Vegetables
 Fruit/ Rolls
 Milk

Assorted Fruit Bars/Apples
Lunch:
 Pizza Slices
 Baked Fries/Carrots
 Fruit Juice
 Milk

SPRING BREAK

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[Enter Additional Info]