



The Higher Institute of Arts & Technology

MARCH 2023 BREAKFAST CALENDAR



MARCH 2023

SPRING BREAK
BE SAFE

HIGHER INSTITUTE OF ARTS AND TECHNOLOGY

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Smoke Sausage/ Assorted Peppers Mashed Potatoes Vegetables Fruit Bread/ Milk	2 Breaded Chicken Tende Corn on Cobb Fruit Milk Ketchup	3 Nachos/ Cheese/Lettuce/Tomatoes Refried Beans Juice Milk
6 Spaghetti/Meatballs Garden Salad Garlic Bread Fruit Milk	7 Chicken Tacos Lettuce Tomatoes Mexican Rice Fruit Milk	8 Hamburgers Roasted Potatoes W/G Buns Fruit Milk	9 Cheese Quesadillas Tomato Soup Goldfish Juice Milk	10 Turkey hotdogs Baked Beans Carrots Juice Milk
13 Chicken Alfredo Green Beans Rolls Fruit Milk	14 Beef Tacos/L/T Mexican Corn W/g Shells Fruit Milk	15 Turkey/Hm,, Subs W/g Buns/L/T Potato Salad Chips Fruit/ Milk	16 Chicken Nuggets Carrots Fruit Milk Ketchup	17 NO SCHOOL
20 Mostaccioli Garden Salad Garlic Bread Fruit Milk	21 [Chicken Tacos Lettuce/Tomatoes Mexican Corn Juice Milk	22 Pulled Pork Sandwiches Mixed Vegetables Fruit Milk W/G Buns	23 Chicken Patties Sandwic Three Bean Salad Fruit Milk Cookies	24 Pizza Rolls Corn on Cobb Juice Fruit Milk
27 NO SCHOOL	28 NO SCHOOL 1	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL

ALL MEALS ARE SERVED WITH A CHOICE OF MILK
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE